

DRY EYE SYMPTOM SEVERITY SCALE

Instruction:

Your dry eye symptoms may include: pain, burning, tearing, grittiness, “feeling like something is in your eye” and/or sensitivity to light. We want to know not just your dry eye symptoms, but also how your symptoms have affected your daily life and the things you want to do.

Please circle the number (1-10) that **best describes** your dry eye symptoms and the **overall effect** on your daily life over the past week.



1

2

3

4

5

6

7

8

9

10

[1-2]

My symptoms are not a problem.

My dry eye does not affect my daily life at all.

[3-4]

My symptoms are mild and easily tolerable.

My dry eye hardly affected my daily life—it did not interfere with what I want to do.

[5-6]

My symptoms are moderately bothersome.

My dry eye sometimes affected my daily life and I sometimes have difficulty doing activities like: reading or watching TV.

[7-8]

My symptoms are severe.

My dry eye often affected my daily life and I have difficulty doing activities like: working on a computer or focusing.

[7-8]

My symptoms are severe.

My dry eye often affected my daily life and I have difficulty doing activities like: working on a computer or focusing.